



## ALITHSA ARSENAL HIGH SCHOOL GIRLS SOCCER PROGRAM FALL/WINTER 2008/09

Thank you for your interest in ALITHSA Arsenal. We're looking forward to a great year!

- All players are welcomed - and players from other clubs are welcomed enthusiastically and evaluated equally.
- ALITHSA HS Coaching Director's Jeff Halsema and Dean Smith have prepared a curriculum and program that best serve players who are looking to take their game to the 'next level', i.e. junior college, college soccer. Jeff and Dean hold the highest coaching qualifications in the U.S. as well as coaching at Dominican University and Elgin Junior College respectively with the Women's and Men's soccer programs.
- Teams will be dictated by the turnout at tryout. Players may "play up" on older age teams based on placement by ALITHSA Arsenal coaching staff.
- All players must try out on **Sunday, May 18th from 6:00pm-7:30pm at Sunset Park**. Go to [www.alithsa.org](http://www.alithsa.org) to fill out tryout registration form, please register no later than 5/4. If you're unavailable to tryout on this day, please contact our Director of Coaching: Dean Smith at: [deanosmith@comcast.net](mailto:deanosmith@comcast.net), to make alternative arrangements.
- Expectations: Total commitment, including on-time attendance at all practices and games. Exceptions only for very serious conflicts, cleared with coach in advance. Players should expect to plan family and social activities around soccer, not vice versa. Players should plan now to attend 100% of pre-season training camp in August, and adjust vacation schedules accordingly. Playing time may be significantly reduced or eliminated for uncommitted players, with no refunds offered.
- **Features:**
  - ❖ Pre-season team training camp: August 18 thru 21th
  - ❖ Professional fall training = 30 hours; professional head coach for all games. Coaches are nationally licensed and possess a strong playing and coaching background.
  - ❖ One fall tournament with head coach.
  - ❖ Indoor League play: Jan-March.
  - ❖ Winter Training 2008: 10 hours of training with head coach – Jan-March.

Approximate cost per player: \$575-625

Please contact Dean Smith at [deanosmith@comcast.net](mailto:deanosmith@comcast.net), or (630) 890 0815, with questions.